

Date of referral: \_\_\_\_\_

### Practice Details

GP Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Referring GP signature: \_\_\_\_\_

### Patient Details

Patient name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

D.O.B.: \_\_\_\_\_

Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

Insurance/Self Pay: \_\_\_\_\_

### Requested Investigations

*(please tick box)*

- Resting ECG
- Exercise Stress test (treadmill)
- Echocardiogram
- 24HR Holter Monitor
- 48 HR Holter Monitor
- Event monitor (1 week)
- Blood Pressure monitor
- Pacemaker check
- ICD (defibrillator check)
- Loop recorder download

### Risk Factors

*(please tick box)*

- Male
- Female
- Smoker #/day \_\_\_\_\_
- Cholesterol
- Hypertension
- Diabetes
- Increased BMI
- Family history of cardiac event
- Sedentary Lifestyle
- Diet

### Referral Details

Indication & patient history: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications: \_\_\_\_\_  
\_\_\_\_\_

**URGENT (RAPID ACCESS)**

**ROUTINE**

At the Hermitage Medical Clinic Cardiology Department, we offer a wide range of procedures used to diagnose various cardiac complaints.

Our specialist non-invasive Cardiology Department uses state of the art equipment and best clinical practice to help our patients. We believe in a patient focused, high quality and efficient service.

We are located in suite 36 on the second floor.

Your Doctor has advised you to have some cardiac investigations performed. Below is an outline of our investigations and what to expect. If you require any further information please do not hesitate to contact us, we will be happy to assist in any way possible.

Please see our cardiology page on [www.hermitagemedicalclinic.ie](http://www.hermitagemedicalclinic.ie) to download our full Cardiology Department information booklet.

### ***Our investigations***

#### **ECG (Electrocardiogram)**

This test involves the placement of electrode stickers on specific areas on your chest and limbs. The electrodes are connected to an ECG machine via the leads and a tracing of your heart beat is printed. Through this test we can diagnose many rhythm disorders. Usually takes 10minutes.

#### **Echocardiogram**

This is an ultrasound of your heart. It allows us to assess the 'pump' of the heart, valves and blood flow patterns. Usually takes 30-40 mins

#### **Exercise stress test**

This involves being connected to an ECG and BP monitor and doing gentle exercise on a treadmill. Loose comfortable clothing and appropriate footwear should be worn eg. tracksuit and runners. It is important you **do not** come fasting. Please have something to eat no sooner than one hour before the test. Usually takes 30-45 mins.

#### **Holter monitor**

A holter monitor is a continuous recording of your ECG. It consists of wearing a small monitor with three electrodes attached to your chest. It may be worn for 24 or 48 hours depending on your Doctors request. You will need to return the next day to have the monitor removed. Usually takes 10-15 mins to fit monitor.

#### **Blood pressure (BP) monitor**

A BP monitor records your BP at set intervals over a 24hour period. It consists of wearing a small monitor worn around your waist or shoulder, which is connected to a cuff worn on your arm. Loose clothing is preferable for your comfort. It may be worn for 24hours. You will need to return the next day to have the monitor removed. Usually takes 10-15 mins to fit monitor.

## Event monitor

It is a heart rate monitor you wear for a week. It only records if you activate it when you experience symptoms. Usually takes 15-20mins to fit monitor.

## Defibrillator (ICD) check

## Pacemaker check

## Loop recorder check

If you have a defibrillator, pacemaker or loop recorder inserted you will need to have regular checks to ensure the device is set up and working appropriately for you. It is also important to ensure there is sufficient battery life remaining in your device. We can also offer a service that remotely checks your device from your home.

## **Screening clinics**

### Heart Failure screen

Our heart failure screening programme involves having an ECG, blood test and heart questionnaire. The results are interpreted by the Cardiology Doctors, who send a comprehensive report and recommendations to your GP. You will also be given recommendations and educational booklets.

### Cardiac Risk assessment

This programme assesses your risk of developing fatal cardiac disease. It involves having blood tests, ECG, BP and body measurements. The results are interpreted by our Cardiology.

Doctors who send a comprehensive report and recommendations to your GP. You will also be given recommendations and educational booklets.

## **General information**

### **Referral information**

A referral letter is required for all of our investigations. This can be obtained from your GP or Consultant.

### **Pricing and insurance**

All fees are payable on the day.

In the Irish private healthcare setting, not all cardiology investigations are covered by your insurance and you may be subject to an excess. A guide to insurance can be viewed on [www.hermitagemedicalclinic.ie](http://www.hermitagemedicalclinic.ie)

Please contact your insurance provider prior to attending for your appointment to confirm your level of cover.

Fees paid may be claimed back against your insurance or against your tax using a MED1 form.

### **Contact Details**

The Cardiology Department can be contacted from 9am to 5pm Monday to Friday as follows  
Tel: (01) 6459450 / 6459994  
Fax: (01) 6459451  
e-mail: [cardiology@hermitageclinic.ie](mailto:cardiology@hermitageclinic.ie)

### **Location**

The Hermitage Medical Clinic is located at Old Lucan Rd, Dublin 20. Please see our website [www.hermitageclinic.ie](http://www.hermitageclinic.ie) for a location map and directions

